



A NEW LIFE UNLEASHED AFTER VAULT PROLAPSE REPAIR

“The ‘quiet efficiency’ of doctors, staff and nursing care at Gleneagles Hospital cannot be lauded enough. It was an experience that one will never forget. I got a new life and I wish that many others will benefit from my testament.”

~Prema Sagar~

One cannot imagine that a time can come when you don't know the problem you have, who will tell you what it is and finally what should one do.

Prema Sagar heard from various doctors in her country - India, that she had a 'prolapse' akin to a bladder prolapsed and that a team of doctors would undertake the surgery - a laparoscopic doctor, an obstetrician gynaecologist and an urologist. Sounds like a solution. A second opinion from a highly recommended obstetrician gynaecologist in Artemis, Gurgaon was that she didn't have just a 'prolapse' but a serious 'vault prolapse' (prolapse of the inner wall) and that only an urogynaecologist could undertake such a surgery. So the next question was – could this obstetrician gynaecologist recommend such a specialist? The answer was that there is only one in India. So, Prema and her husband toddled off to consult with her. It was a horrifying experience of archaic methods, unhygienic environment and no disclosure that a 'test' was being done under local anaesthesia. More homework needed to be done, they thought. World-renowned doctors in the United States were contacted – but they felt it was too far away considering that there could be post-surgery complications.

Prema and her husband reached out to ParkwayHealth's Gleneagles Hospital in Singapore and a number of doctors' names came their way. Dr Christopher Chong, Obstetrician, Gynaecologist & Urogynaecologist was the most experienced in their view and has a state-of-the-art solution, experience and skills. Dr Christopher Chong confirmed that Prema's condition was indeed a 'vault prolapse' in an advanced stage. He explained that vault prolapse occurs when the upper portion of the vagina loses its normal shape and sags or drops down into the vaginal canal or outside of the vagina. It may occur alone or along with prolapse of the bladder, urethra, rectum, or small bowel. He also added that this condition is usually caused by weakness of the pelvic and vaginal tissues and muscles.

Dr Christopher Chong had to use a 'mesh' that was to be hooked onto Prema's pelvic bone and ligaments so as to be able to provide support to the wall and organs. It was not only a complicated surgery but there was a risk of the mesh being rejected. Armed with confidence in Dr Christopher Chong's expertise and advice, Prema was operated two months ago. Today, she is back to work, quite overwhelmed by the fact that the surgery was successful.

“There are many people for me to thank and one is humbled by the goodness of many friends, colleagues and family who supported me through this very difficult time,” Prema expresses. “If there is anyone out there who does not know what to do in any kind of 'prolapse' situation, my suggestion is that take an opinion from Dr Christopher Chong so that you don't go down the wrong path on some half-baked advice.”

“The ‘quiet efficiency’ of doctors, staff and nursing care at Gleneagles Hospital cannot be lauded enough. It was an experience that one will never forget. I got a new life and I wish that many others will benefit from my testament,” says the grateful Prema.



Dr Christopher Chong, Obstetrician,
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